

Middleton Recreation Program Policy: COVID-19

UPDATED 2/15/21

The City of Middleton Public Lands, Recreation & Forestry Department is committed to maintaining a safe and healthy environment for the general public, our staff, participants and their families and caregivers. Using guidance from the county, state, and the Federal Centers for Disease Control and Prevention (CDC), we have developed general safety protocols to offer Recreation Programs in a controlled, safe environment. Our policies include additional staff training, updated check-in procedures, additional cleaning requirements, and social distancing practices.

Participants unable to follow the guidelines set forth in the policies below will be given ONE reminder warning. If behavior does not change or if participants purposely are choosing to break the safety guidelines, then the participant(s) will be removed from the program and the program fee will be forfeited. Should the Department be cited for a participant's intentional violation of local, state or federal guidelines, it shall be the participant's responsibility to rectify the situation and the participant shall be responsible for the costs incurred.

Should you have questions or concerns with respect to this policy and our procedures, please contact the Public Lands, Recreation & Forestry Department at 608-821-8360 or middletonrec@ci.middleton.wi.us

On February 10, 2021, Emergency Order #13 went into effect which resulted in several changes. These changes are noted in the information below. Please see the updated order for more information: [2021-02-08 Order 13.pdf \(publichealthmdc.com\)](#)

General Guidance

The CDC offers recommendations on how members of the public can limit the spread of the coronavirus. Recommendations currently include, but are not limited to:

- Clean and disinfect frequently touched surfaces and equipment.
- Thoroughly wash your hands with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Wear a snug-fitting cloth face covering that covers your nose and mouth in public settings.
- Stay at least 6 feet away from non-household members.
- Avoid crowds.
- Avoid poorly ventilated spaces.
- Cover your mouth and nose with tissue when coughing or sneezing.
- Stay home if you are sick.

For more information please visit [How to Protect Yourself & Others | CDC](#)

Preventative Health Measures

Participants and staff will be monitored for signs or symptoms of COVID 19-daily. Participants and staff will be asked to stay home or return home if any of the following applies:

- All individuals should self-monitor their body temperature to ensure that no fever is present prior to participating or attending. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, should not attend a program.

- Participants and staff with a fever at or above 100.4°F should stay at home until the individual is fever and symptom-free for at least 72 hours

Face Coverings [2021-02-08 Order 13.pdf \(publichealthmdc.com\)](#)

Anyone age 5 and older are required to wear a face covering or mask when:

- In an enclosed building where other people, except for members of the person's own household or living unit are present.
- In line to enter any enclosed building.
- Driving or riding in any vehicle where other people, except for members of the person's own household or living unit, are present.
- Outdoors while actively participating in sports, including drills, practices, scrimmages, games, and competitions.
- Outdoors while attending a gathering of more than fifty (50) individuals.
- When entering and leaving a program and in places where recommended social distancing is not feasible.
- Park shelters are considered enclosed spaces, and masks must be worn at all times under or in a park shelter or park restrooms.

Staff should be frequently reminded not to touch the face covering and to wash their hands frequently.

What type of face covering is required? [2021-02-08 Order 13.pdf \(publichealthmdc.com\)](#)

- Face covering means a piece of cloth or other material that is worn to cover the nose and mouth completely.
- A face covering must be secured to the head with ties, ear loops, or elastic bands that go behind the head and must fit snugly but comfortably against the side of the face.
- Cloth face coverings must be made with two or more layers of breathable fabric that is tightly woven (i.e., fabrics that do not let light pass through when held up to a light source).
- A face covering does not include bandanas, single layer neck gaiters, face shields, goggles, scarves, ski masks, balaclavas, shirt or sweater collars pulled up over the mouth and nose, or masks with slits, exhalation valves, or punctures.

Hygiene Practices

Participants should practice handwashing upon arrival to the program, after using the bathroom, prior to going home, and after blowing their nose, coughing, or sneezing.

- Staff and participants will be required to wash hands or use hand sanitizer as soon as they arrive to program. Sanitation stations will be provided at each site location.
- Sanitation breaks will be built into program planning.
- Participants and staff should cover coughs or sneezes with a tissue, throw the tissue in the trash, and then clean hands with soap and water or hand sanitizer.
- Staff is to advise participants and other staff to avoid touching their eyes, nose and mouth with their hands .
- Staff will clean and disinfect frequently touched surfaces daily.
 - Staff is to wear disposable gloves to clean and disinfect
 - Surfaces should be cleaned using soap and water, then use disinfectant.
 - This includes tables, doorknobs, light switches, countertops, handles, desks, phones, toilets, faucets, sinks, toys, shared equipment

Implementation of the Guidelines

Our Strategies

These strategies are for programs occurring at our facilities, including, but not limited to the Hubbard Activity Center, City Hall, Parks, Park Shelters, and park amenities such as Tennis and Basketball Courts. Some of the programs may have additional strategies based on the specifics of the program. The Walter R. Bauman Aquatic Center has a different plan per aquatic venue requirements. These strategies apply to programs to that are meeting in-person.

Activities and groups

- **Anyone age 5 and older are required to wear a face covering or mask per the guidelines listed in the Face Coverings sections above.**
- All participants and staff should maintain 6 feet of physical distance between themselves and others at all times.
- Where possible, maintain child to adult ratios, and reduce group sizes to no larger than 10 people total, including children and adults (e.g., one adult and nine children, two adults and eight children, etc.)
- Keep groups together during session and try not to combine groups (e.g., at opening and closing).
- When possible, maintain the same groups from session to session.
- Limit item sharing, and if items are being shared, proper sanitation needs to occur in between and after using these items per current guidelines.
- Remind participants not to touch their faces.
- Minimize time standing in lines.
- Staff and Participants should sanitize hands immediately after outdoor play time
- Only 1 person in the bathroom at a time.

As of February 10, 2021, games and competitions are allowed for all sports. Individuals must wear face coverings when participating in sports. Additionally,

- Six feet physical distancing is required except when an individual is actively participating in the sport.
- Sports that cannot maintain physical distancing at all times are limited to 25 individuals indoors, and 100 individuals outdoors, not including employees. Volunteers (i.e. coaches) count towards the gathering limit and are not exempted.

Gathering Limits (per Emergency Order #13)

- Gathering inside where food or drink is offered or provided is limited to 25 individuals. A gathering inside where food or drink is not offered or provided is limited to 50 individuals. Individuals must maintain six feet physical distancing and face coverings are required.
- A gathering outside where food or drink is offered or provided is limited to 100 individuals. A gathering outside where food or drink is not offered or provided is limited to 150 individuals. Individuals must maintain six feet physical distancing. Face coverings required at gatherings of more than 50 individuals.
- A park shelter is considered an indoor space, whether it has open sides or not.

Attendance

- Recording daily program attendance will be required in order to comply with contact tracing requirements.
- Staff will be responsible for signing children in prior to program.
 - Parents will no longer sign kids in and out of programs like Pre-School in the Park.
- When smaller groups are organized, Coordinators should keep documentation of participants in a group, and staff with that group.
- All nonessential visitors, including spectators, will not be allowed into the program.

Program Entry & Exit Program

- Participants should arrive as close to start time as possible. No equipment will be available prior to program beginning.
- Participants and spectators should wear a face covering when entering and leaving a program – this is required if the program takes place indoors or outdoors.
- Come prepared to participate, only bringing needed items for participation.
- Hand Sanitation Stations will be set up for participants as they arrive to program. Participants need to sanitize hands (Gel in) before joining the program.
- Participants will sign in with staff and then be sent to the staff they will be working with during that session.
- At the conclusion of program, participants should promptly exit to allow for sanitizing of facilities and equipment and to enable staff to get ready for next session.

Water Bottles:

- Participants should bring a labeled water bottle each day to program, and should not drink from the water fountain. Glass bottles are not allowed.

Inclement Weather:

- If inclement weather occurs requiring participants and staff to take shelter, and social distancing is not possible under the program shelter, the program will be cancelled.
 - Under a shelter while waiting for pickup of participants, participants and staff must wear masks.

Ill Participant at Program:

If an adult becomes ill at a program, they will be asked to leave immediately. If they are unable to transport themselves home, the participant should remove themselves from the activity area and a staff member will assist them to the extent feasible to secure transportation home.

If a child becomes ill at the program, parents/guardians will be notified and asked to pick-up their child immediately. The ill child will be removed from the activity area, made to feel comfortable, and isolated with a staff member until picked-up.

A participant sent home from a program due to illness will not be permitted back to the program until the following requirements have been met:

- No sign of fever for 3 days (without use of any medication).
- Cough or breathing problems have subsided.
- Vomiting and/or diarrhea has stopped for 2 days.

Positive Covid-19 Test Policy: (Updated as result & requirement of Emergency Order #13)

An individual testing positive for COVID-19 should not return to any program until meeting the criteria established by Public Health Madison & Dane County. Household members will also need to stop attending program(s) until it can be determined if they must quarantine, and if so, return to any program will be prohibited until meeting the criteria established by Public Health Madison & Dane County.

Someone who tests COVID-19 positive is considered to be infectious from two days before symptom onset until they meet **all** of the following criteria: 24 hours fever free without fever-reducing

medication, other symptoms are improving (but may still be present), and at least 10 days after symptom onset. If the individual who tested positive does not have symptoms, they are considered to be infectious from two days before the test date until ten days after the test was collected. Individuals who test positive should isolate while they are infectious and not participate in activities/programs.

An individual testing COVID-19 positive who participated in a program during their infectious period should notify the Department of their positive test as soon as possible. The Department will then identify participants who were a close contact of the positive individual. This includes close contacts on opposing teams or while in transit to activities. (Public Health will work with the PLRF Department on this.)

An individual is considered a close contact if any of the following is true:

- Were within 6 feet of a positive person for more than 15 minutes total in a day.
- Had direct contact with the respiratory secretions of the person who tested positive (i.e., from coughing, sneezing, contact with dirty tissue, shared drinking glass, food, or other personal items).
- This definition applies even if any or all parties were wearing face coverings or if physical barriers were used. These measures reduce the risk of COVID-19 spread but do not eliminate it.

PLRF Department staff will communicate with participants, coaches/volunteers, and staff who meet the criteria of a close contact. (PHMDC may also do this, however, per their guidelines, businesses may be designated to do so depending on case counts.) These individuals will also need to quarantine immediately according to the criteria established by Public Health Madison & Dane County. For confidentiality purposes, the individual who tested positive will not be identified in communications to participants, employees or anyone else.

Close contacts have options for how long they need to quarantine. Please see the webpage, [What to Do if You are Sick or Possibly Exposed | Public Health Madison & Dane County, Public Health Madison & Dane County \(publichealthmdc.com\)](#), for details and options. The CDC provides three quarantine options (outlined in link above as 7, 10, or 14 days). It is safest if the individual quarantines for 14 days after their last exposure. The individual is allowed to determine which quarantine option they choose. The Department may impose a longer quarantine option before allowing a participant to return to programs.

Resources:

[Public Health Madison & Dane County | Public Health Madison & Dane County, Public Health Madison & Dane County | Public Health Madison & Dane County, Public Health Madison & Dane County \(publichealthmdc.com\)](#)

[2021-02-08 Order 13.pdf \(publichealthmdc.com\)](#) (updated 02/10/21)

[Coronavirus Disease 2019 \(COVID-19\) | CDC](#) (updated 02/21)

<https://www.dhs.wisconsin.gov/covid-19/schools.htm> (May 28, 2020)

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html> (May 28, 2020)

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>
(Updated 2020)