



MAY 2019



Meals provided by: DANE COUNTY CONSOLIDATED FOOD SERVICES DIVISION All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. MO = meatless option NCS = no concentrated sugar SF = sugar free * contains pork		1 – Wednesday May Day Enchilada Casserole Cauliflower Confetti Corn Mandarin Oranges Frosted Churro Cake MO: Bean Burrito NCS: SF Cookie Packet	2 – Thursday Beef Stroganoff over Noodles Stewed Tomatoes Fruit Cocktail Apple Crisp MO: Veggie Meatballs NCS: Spiced Apples	3 – Friday Chicken Strips Green Beans Pea Salad Fruit Cup Ice Cream MO: Egg Salad NCS: SF Ice Cream
6 – Monday Tuna Casserole Roasted Baby Carrots Pickled Beets Banana Brownie with Peanut Butter Frosting MO: Veggie Wrap NCS: SF Pudding	7 – Tuesday National Teachers Day Roasted Turkey in Gravy Rice Pilaf Creamed Corn Cranberry Sauce Mixed Fruit Sherbet MO: Veggie Chick'n NCS: SF Ice Cream	8 – Wednesday Taco Pasta Casserole Broccoli Cauliflower Pineapple Blueberry Crisp MO: Rice and Beans NCS: Banana	9 – Thursday Chicken Breast, Lettuce, & Tomato Sandwich Cheesy Potatoes 4 Bean Salad Fresh Orange Cake MO: Black Bean Burger NCS: SF Cookie Pkt.	10 – Friday *Meatballs in Gravy Mashed Potatoes California Blend Dinner Roll Fruit Cup Ice Cream MO: Veggie Meatballs NCS: SF Ice Cream
13 – Monday Sloppy Joe on Whole Wheat Bun Kidney Bean Salad Mixed Vegetable Banana Cake MO: Soy Sloppy Joe NCS: SF Jell-O	14 – Tuesday Chicken Macaroni Salad Marinated Tomatoes Broccoli Salad Fruit Cup Cookie MO: Veggie Mac Salad NCS: SF Cookie Pkt.	15 – Wednesday *Saucy BBQ Ribs Cheesy Potatoes Coleslaw Tropical Fruit Corn Bread Root Beer Float MO: Garden Burger NCS: SF Ice Cream	16 – Thursday Meat Sauce Spaghetti Noodles Wax Beans Mixed Green Salad Peaches Brownie MO: Marinara Sauce NCS: Orange	17 – Friday Syttende Mai *Pork Loin in Gravy Mashed Potatoes Garden Blend Vegetables Whole Wheat Bread Mandarin Oranges Pudding MO: Hummus Wrap NCS: SF Pudding
20 – Monday Victoria Day (Canada) Chili Baked Potato Corn Bread Banana Pudding MO: Veggie Chili NCS: SF Pudding	21 – Tuesday *Italian Sausage on White Bun Oven Roasted Potatoes Stewed Tomatoes Fresh Orange Ice Cream MO: Hummus and Pita NCS: SF Ice Cream	22 – Wednesday Lemon Baked Fish Baked Sweet Potato Whole Wheat Bread Tropical Fruit Cake MO: Veggie Wrap NCS: Banana	23 – Thursday *Pulled Pork Sandwich Creamy Coleslaw Carrot Raisin Salad Melon Slice Pudding MO: Tomato & Cheese Sandwich NCS: SF Pudding	24 – Friday 24 *Brat on White Bun Broccoli & Cauliflower Sauerkraut Watermelon Peach Crisp MO: Multi-grain Burger NCS: Spiced Peaches
27 – Monday Memorial Day Senior Center Closed 	28 – Tuesday Beef Pot Pie with Biscuit Top Creamed Spinach Apple Juice Jell-O MO: Veggie Meatballs NCS: SF Jell-O	29 – Wednesday Chicken and Gravy over White Bread Mashed Potatoes Green Beans Fresh Orange Cookie MO: Veggie Chick'n NCS: SF Cookie Pkt.	30 – Thursday Fish & Cheese Sandwich Yams Coleslaw Fruit Cup Cake MO: Veggie Wrap NCS: Spiced Pears	31 – Friday 31 *Saucy BBQ Ribs Cheesy Potatoes Corn Melon Mix Lemon Bar MO: Black Bean Burger NCS: SF Cookie Pkt.

Salad Options for May 2019



May 3

Cottage Cheese Platter

Cottage cheese with cucumber, tomato wedges, strawberries, and pineapple

Dressing: None

Meal items included: dinner roll, ice cream

May 10

Tuna Salad

Mixed greens topped with tuna salad, tomato, hard-boiled egg, and cucumber

Dressing: None

Meal items included: fruit cup, dinner roll, ice cream

May 17

Beef Taco Salad

Shredded lettuce topped with seasoned beef, diced tomatoes, cheese, salsa, black olives, sour cream, and tortilla strips

Dressing: None

Meal items included: bread, Mandarin oranges, pudding

May 24

Chicken Salad

Shredded lettuce topped with cranberry chicken salad, tomatoes, cucumbers, and croutons

Dressing: Balsamic Vinaigrette

Meal items included: watermelon, peach crisp

May 31

Hummus Platter

Pita wedges, hummus, celery sticks, cherry tomatoes, green pepper strips, and carrot sticks

Dressing: None

Meal items included: melon mix, lemon bar